



# GP practice educational support

**Priory have a host of expert speakers with a wide range of specialties who are able to visit your practice at a time convenient to you and your colleagues.**

All practice staff or associate healthcare professionals, including GP registrars, practice nurses, medical students and locums are welcome to attend and will be issued with an attendance certificate which can be used as evidence for CPD training.



Practice based seminars provide an opportunity to increase your knowledge of mental health issues in a way that fits in with your surgery timetable, and can be arranged as breakfast, lunch or evening meetings.

Our free sessions last for up to 1 hour and cover both the theory relating to the session topic and outline practical ways a GP can help their patients.

- + **Updates** on diagnosis, treatment and management of most mental health disorders in primary care
- + **Advice** from specialists in their fields
- + **Interactive** sessions with the opportunity to discuss patient cases
- + **Refreshments** provided with our compliments
- + **Certificates** for CPD files available

All attendees will also receive information on your regional Priory service.

## The following are a selection of topics which our specialist team can present on:

- + **Anxiety and panic disorders**  
Identifying, differentiating and treating the spectrum of anxiety disorders
- + **Health and anxiety**  
How to support 'heart sink patients' and treat medically unexplained symptoms
- + **Emotionally unstable personality disorder (EUPD) and mood disorders**  
Response, action and treatment advice for GPs
- + **Depression treatment**  
Update including NICE guidance, medication and treatment resistance
- + **Handling addiction in general practice**  
Identifying, supporting and treating patients suffering with addiction
- + **Attention deficit hyperactivity disorder (ADHD)**  
How to manage in adults
- + **Bipolar disorder**  
Identifying and treating bipolar disorder
- + **Cognitive behavioural therapy (CBT)**  
Providing it in general practice
- + **Sleep disorders**  
Holistic and medical management of sleep disorders and insomnia
- + **Obsessive compulsive disorder (OCD)**  
Identifying and treating OCD in children, adolescents and adults
- + **Managing eating disorders**  
Identifying and treating eating disorders
- + **Dementia management**  
Identification in general practice and specialist services

We can also consider tailored requests for support including a wide range of child and adolescent seminars, non-clinical seminars, local case study reviews and Q&A with a specialist from your regional Priory hospitals.



## For further information and referrals

If you would like to request an education event at your practice, have any queries about Priory services, or would like further information or support, please get in touch.

Please call us on: **0800 840 3219**

To make a referral, you can:

Email [priory.referral@nhs.net](mailto:priory.referral@nhs.net)

Call **0800 840 3219**

You can also use our secure online referral form [www.priorygroup.com/gp-referral](http://www.priorygroup.com/gp-referral)

Priory can also assist you with a streamlined referral process, automatically syncing with **EMIS Web and SystemOne** clinical systems. The automated referral form pre-populates all essential information from your clinical system at the click of a button.

For the most up to date information on our services, please visit our website.