



Priory therapy services

Child and adolescent attention deficit hyperactivity disorder (ADHD)

What is child and adolescent ADHD?

Child and adolescent ADHD describes the behaviours displayed by children who are extremely restless, energetic, impatient and easily distracted. Short attention spans can make it difficult for those with ADHD to concentrate properly at school or at home. Children with ADHD may also have difficulties sleeping, fitting in with peers and socialising.

While the exact cause of ADHD is unknown, research has suggested that people with ADHD have differences in parts of their brain which deal with impulse control and focus. There is also strong evidence to suggest that there may be a genetic element. Other evidence suggests that symptoms can be due to poor diet.



What are the symptoms of ADHD?

ADHD can have a big impact on various aspects of an individual's life. Common problems include having difficulty concentrating in school and causing issues when it comes to home life. Other symptoms include:

- + Easily distracted
- + Excessive talking
- + Struggling to hold attention
- + Tendency to interrupt
- + Difficulty listening
- + Frequently losing things
- + Restlessness and clumsiness
- + Emotional immaturity
- + Poor discipline and lack of fear

Schools can help to identify potential problems. For example, if your child's learning is hindered by a lack of concentration, and if they become particularly aggressive or competitive with other children, it's likely that their school will be able to recognise this. Impaired social skills development as well as speech and language problems are also key indicators that ADHD might be present. Although developmental skills can be slowed down, it is important to note that ADHD is not linked to intelligence.



86%

of patients undergoing therapy saw a reduction in their levels of anxiety

85%

of patients undergoing therapy saw a reduction in their levels of depression

100%

of patients were satisfied with the overall quality of care received

98%

of patients would recommend us to a friend

How can Priory help?

Priory works with leading mental health professionals and our proven record of helping people to get their lives back on track is unrivalled.

Using the latest evidence-based practices, our experts offer specialist therapies, tailored to your individual needs. We follow recommended national guidelines and include robust regulation, both in terms of the specialist team and treatment the delivered.

Priory's outpatient facilities offer a friendly and relaxing setting that is ideal for high quality mental health treatment. Appointment times are flexible and can be offered around school and work hours, including evenings and Saturdays.

Our wellbeing centres have strong links to their local Priory hospitals, allowing for a wider support network and movement into inpatient or day care if required.

All treatment can be accessed promptly via self-pay or private medical insurance (PMI). We work with most of the leading PMI companies - check your policy to see what cover is available to you.



Get in touch

The treatment offered across our wellbeing centre network varies. To discuss which Priory facility offers the support you need, please contact us today:

Call: 0800 840 3219

Email: info@priorygroup.com

Visit: [priorygroup.com](https://www.priorygroup.com)

For the most up to date information on our services, please visit our website.