



Autism - assessments for young people and adults

Autism is a condition that can affect behaviour, emotions and how a person communicates with, and relates to, other people. Autism can range in severity, which is why it's known as a 'spectrum condition'.

While everyone with autism may share some of the same characteristics, it's important to understand that it affects everyone differently. No two people on the autism spectrum will have the same traits or experiences - they might just need different levels of support. Some autistic people are able to live independent lives but others may have an accompanying learning disability and require a lifetime of specialist support.



What are the potential signs of autism?

Both adults and children on the autism spectrum can experience difficulties or differences in:

- + Communication and the nuances of language
- + Behaviours (these can often be repetitive or restrictive)
- + Social skills and interacting with others
- + Processing sensory information

Other characteristics of autism may include:

- + Hypersensitivity to sensory stimulation, such as sounds, smells or colours
- + The need for predictability
- + Seeking strict daily routines



How can Priory help?

Priory offers autism assessments for both adults and young people who may be displaying traits of autism. These are delivered by specialists who are experts in their field.

You can have the assessment through either a psychiatrist or therapist. Following the assessment, you will be provided a comprehensive report which follows NICE guidelines. These are required so that autistic children can receive additional support at school.

Each option may have different waiting times and have different costings, depending on your preferred location and specialist. We will guide you through the most suitable option for you.

What is included?

An autism assessment is made up of a number of different parts, including:

- + An initial autism screening to identify if an autism assessment is required
- + A developmental history assessment (for children, this often requires input from schools, parents/guardians)
- + An Autism Diagnostic Observation Schedule (ADOS) assessing and observing for autism traits
- + Multidisciplinary team (MDT) meeting to conclude the diagnosis
- + A comprehensive outcome report
- + Feedback meeting to discuss the outcome of the assessment and provide any recommendations

Outpatient therapy support

Priory also offers one-to-one outpatient support for autistic people who may need some extra support, or those that have anxiety and/or depression symptoms, linked to autism, that they need help with.



For more information

To find your nearest treatment location, and to hear more about our autism assessments, please contact us:

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