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You saved my life and changed the lives of my family, and for that I cannot express my thanks sufficiently.

FORMER ADDICTION
PATIENT AT WOKING

Priory Hospital Woking

We are a leading centre for the treatment of addictions and mood disorders. We offer consultant and therapist-led inpatient and outpatient treatment programmes in a beautiful and tranquil environment, enabling us to provide the highest standard of care to our patients.

Location and environment

Located near Chobham in Surrey, Priory Hospital Woking has offered treatment for mental health conditions including addiction and depression for over 20 years. Our beautiful grounds include:

- + Relaxing living areas
- + Beautiful gardens
- + Peace and tranquillity to help you unwind
- + A dining area with catering to suit all dietary needs
- + Easy access from Gatwick and Heathrow airports, the M3 and M25

Treatments

We tailor our treatment programmes to the specific needs of our patients, ensuring the best possible outcomes. Patients are provided with every resource they need to make a strong recovery and return to a positive way of life. We provide an evidence-based programme that is tailored to individual needs, all structured within National Institute for Health and Care Excellence (NICE) guidelines. We offer:

- + Consultant psychiatrists and the therapy team deliver care across all areas of general psychiatry and addictions
- + Specialist consultant in post-traumatic stress disorder (PTSD)
- + Inpatient service delivered by our highly experienced team of consultants and therapists
- + Outpatient options, including specialist day care group therapy for patients not needing inpatient treatment, or following inpatient treatment for continuity of care
- + Free day care assessments
- + Specialist therapy programmes, including cognitive behavioural therapy (CBT), mindfulness and eye movement desensitisation and reprocessing (EMDR)
- + Supportive group psychotherapy

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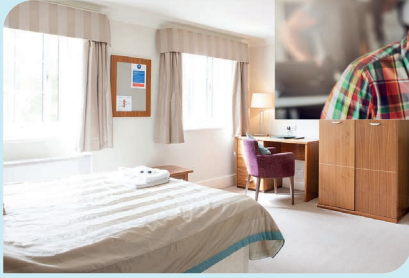
Going to the DBT group has allowed me to feel more in control of myself. I feel more confident in who I am now and who I want to be. I have found it truly life changing!

FORMER PATIENT AT PRIORY
HOSPITAL WOKING

99%

of patients from the Woking acute service stated that when they arrived, staff made them feel welcome

Live your life



Patient profile

- + Support for patients with acute mental health needs and both substance and behavioural addictions
- + Mood disorder programme, treating patients with complex disorders including trauma and PTSD
- + Holistic approach offered to all patients, in conjunction with agreed treatment programme

Patient support

We understand that in order for recovery from addiction to be long-lasting, we need to support our patients to embed recovery within their daily lives. Therefore we offer our addiction patients:

- + A free initial assessment
- + Free weekly support during and following treatment
- + Family therapy support groups
- + Free weekly aftercare support for 12 months following completion of the 28-day addiction treatment programme
- + Our day care programme includes a 10-week bereavement programme and a 26-week dialectical behaviour therapy (DBT) informed group, CBT, art therapy, improving self-esteem and understanding anxiety

Wellbeing activities

- + Mindfulness
- + Hand and feet massage
- + Individual sessions with wellness adviser
- + Organised walks
- + Yoga and somatic movement sessions
- + Relaxation sessions

Enquiries and further information

For further information or to make a referral into Priory Hospital Woking, please contact our dedicated 24/7 enquiry team:

Telephone: 01483 489 211

Email: woking@priorygroup.com

Visit: www.priorygroup.com/Woking

For the most up to date information on our services, please visit our website.

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Woking is amazing; the best care and the best staff I have ever come across. I feel so safe and respected by the staff. They listen, understand and go the extra mile.

FORMER ADDICTION
PATIENT AT WOKING

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Having therapy at Woking has really helped me mentally; I can see the difference in how I feel more confident with how to deal with some difficult issues and trust myself more.

FORMER ADDICTION
PATIENT AT WOKING

Funding

Priory offers personalised and accessibly-priced treatment packages for individuals who are looking to self-pay for treatment.

We are also an approved provider for all of the UK's leading private medical insurers. While we would prefer to receive a GP referral when a patient enters our services, this isn't always essential. For those using private medical insurance, your provider may require you to have a GP referral before treatment can commence. Please liaise directly with your insurer to confirm.

PRIORY PRIVATE
HEALTHCARE