



Priory therapy services

Child and adolescent autism

What is autism?

Autism is a lifelong developmental condition that affects how a person communicates with, and relates to, other people. It also affects how they make sense of the world around them.

It is a spectrum condition because while all autistic people share certain difficulties, their condition will affect them all in different ways. Some autistic people are able to live independent lives but others may have an accompanying learning disability and require specialist support.



What are the symptoms of autism?

Priory understands that no two autistic people will necessarily present with the same levels or intensities of need. However, the three main differences that autistic people have in comparison to people without autism are:

- + Differences in social communication
- + Differences in social interaction
- + Differences in social imagination

Other traits include:

- + Hypersensitivity to sensory stimulation, such as sounds, smells or colours
- + The need for predictability
- + Seeking strict daily routines



86%

of patients undergoing therapy saw a reduction in their levels of anxiety

85%

of patients undergoing therapy saw a reduction in their levels of depression

How can Priory help?

Priory works with leading mental health professionals and our proven record of helping people to get their lives back on track is unrivalled.

Using the latest evidence-based practices, our experts offer specialist therapies, tailored to your individual needs. We follow recommended national guidelines and include robust regulation, both in terms of the specialist team and treatment the delivered.

Priory's outpatient facilities offer a friendly and relaxing setting that is ideal for high quality mental health treatment. Appointment times are flexible and can be offered around school and work hours, including evenings and Saturdays.

Our wellbeing centres have strong links to their local Priory hospitals, allowing for a wider support network and movement into inpatient or day care if required.

All treatment can be accessed promptly via self-pay or private medical insurance (PMI). We work with most of the leading PMI companies - check your policy to see what cover is available to you.

100%

of patients were satisfied with the overall quality of care received

98%

of patients would recommend us to a friend



Get in touch

The treatment offered across our wellbeing centre network varies. To discuss which Priory facility offers the support you need, please contact us today:

Call: 0800 840 3219

Email: info@priorygroup.com

Visit: [priorygroup.com](https://www.priorygroup.com)

For the most up to date information on our services, please visit our website.