

PRIORY

PRIVATE
HEALTHCARE

Priory Hospital Glasgow

Expert mental health
and addiction treatment



Live your life



Priory is the UK's leading provider of therapy and consultant-led mental health treatment.

Every year, Priory wellbeing centres and hospitals across the UK help over 10,000 people experiencing mental health issues such as anxiety and depression or addiction.

Our tailored programmes of care deliver the excellent results you would expect from Priory, with over 99% of patients rating the quality of care as 'good' or 'excellent'.



Priory Hospital Glasgow – an overview

We are one of the UK's leading centres for the treatment of depression, anxiety and addictions. Our effective and experienced multidisciplinary team work together to develop recovery-focused treatment programmes, care pathways and deliver a range of therapies, to meet patient needs.

With access to an on-site doctor 24-hours a day, we ensure a safe and comfortable atmosphere at all times. Our experienced consultants and therapist-led teams are also supported by 24-hour, expert nursing care.

Located in the leafy Southside area of Glasgow, the hospital is set behind two striking Georgian villas and offers patients a relaxed environment to aid their recovery. Our facilities include:

- + Private, single occupancy bedrooms with en-suite facilities
- + Private consulting and therapy rooms
- + An award-winning restaurant with high quality menus
- + Housekeeping
- + Access to a local state of the art gym
- + Communal outdoor seating areas and greenhouse
- + Easy access from Glasgow city centre



Our flexible services provide a wide range of specialist support to patients and their families, including inpatient care, day care and outpatient assessments and appointments.

We continually strive to live up to our excellent reputation, and our aim is to improve the lives of every individual who seeks support with us.

“ ”

Priory is the gateway from despair to something magical

**PEER SUPPORTER AND
FORMER PATIENT**



Our programmes

We provide private mental health and addiction programmes for adults. Our treatment programmes are tailored to the specific needs of the individual, ensuring the best possible outcomes are achieved. We ensure our outpatient, inpatient and day care patients are provided with every resource they need to make a strong recovery and return to a positive way of life.

To help achieve this, we thoroughly assess and investigate the range of issues that each person may be experiencing.



“ ”

I didn't think it was possible to stop drinking, never mind being introduced to a way of living which is far preferable in every respect... My stay at Priory was the catalyst for a major life change for me

FORMER ADDICTION
PATIENT AT
GLASGOW





General acute treatment programme

Priory Hospital Glasgow's general programme treats a range of mental health conditions such as depression, stress and anxiety, and includes:

- + A range of therapeutic interventions
- + Medical interventions
- + Specialist therapies, including cognitive behavioural therapy (CBT) and mindfulness
- + Group therapy
- + Weekly 1:1 meetings with a designated nurse

At Glasgow, we get to know our staff as well as our patients on a meaningful and personal level, allowing us to schedule the correct staff member to the correct patient, at the most appropriate time.



80%

of patients at Glasgow experienced an improvement in their level of anxiety

(with a statistically reliable average change score of 5.6) - GAD7*

83%

of mental health patients at Glasgow experienced an improvement in their level of depression

(with a statistically reliable average change score of 6.2) - PHQ9*

Specialist addiction treatment programme

Priory Hospital Glasgow is a 'dry centre' that offers treatment for both substance and behavioural addictions, including alcohol, drugs, sex and other addictions. We provide an evidence-based programme that is tailored to individual needs, all structured within National Institute for Health and Care Excellence (NICE) guidelines. The full 28-day treatment programme offers:

- + Group and individual 1:1 therapy
- + Holistic treatment such as relaxation and mindfulness
- + Step-down care from inpatient to day care to ensure smooth transition towards discharge
- + Free aftercare for 12 months on completion of the programme - includes support groups, talks, advice and useful contacts

We are also able to offer a comprehensive, medically assisted detoxification process for drug and alcohol addictions, as required, delivered in a safe and controlled environment. Our medically assisted detox programme is the safest and most effective way to detox.

We also offer a free addiction assessment, which consists of:

- + Face-to-face assessment with a member of the addiction treatment team
- + The opportunity to ask any questions you may have
- + Talking you through a proposed treatment plan

99%

of patients from the Glasgow addiction treatment programme stated that they were treated with respect and dignity during their stay

97%

of patients from the Glasgow addiction treatment programme stated that they would recommend us to a friend



Fees and funding

We are an approved provider for all the UK's leading private medical insurers, meaning patients may be able to access treatment through their policy. We also provide self-pay options for individuals and families, and corporate arrangements for businesses.

While we would prefer to receive a GP referral when a patient enters our services, this isn't always essential. For those using private medical insurance, your provider may require you to have a GP referral.



Find out more

For more information or to discuss how we can help, please contact us by:

Telephone: 0141 636 6116

Email: glasgow@priorygroup.com

Web: www.priorygroup.com/glasgow

38 - 40 Mansionhouse Road, Glasgow,
G41 3DW, Scotland



Information for GPs and healthcare professionals

We offer simple and secure processes for referring into Priory, including:

1. Our online form via www.priorygroup.com/gp-referral
2. Emailing securely to priory.referral@nhs.net
3. Calling **0141 636 6116**

Referral process overview

1. Choose your preferred referral process – please include the patient's contact details, along with information on circumstances and medical history
2. A unique reference number is generated for each enquiry
3. Our 24/7 support team will co-ordinate the referral with the most appropriate Priory location, who will contact the patient and check appointment availability with the most appropriate Priory specialist

*Priory 2018 outcome statistics

Please note, most images in this brochure are stock photography and feature posed models



Contact us

Telephone: 0141 636 6116

Email: glasgow@priorygroup.com

Visit: www.priorygroup.com/glasgow

For the most up to date information on our services, please visit our website.

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