

Priory Hospital Woking

Addiction treatment programme example timetable

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
09:15-09:30	09:15-09:30	09:15-09:30	09:15-09:30	09:15-09:30	09:15-09:30	VISITORS 10:00-18:30	
Reading and reflection	Reading and reflection	Reading and reflection	Reading and reflection	Reading and reflection	Reading and reflection		
09:45-11:00	09:45-11:00	09:45-11:00	09:45-11:00	09:45-11:00	09:45-11:00		
Process group	Process group	Process group	Process group	Process group	Process group		
11:45-12:45	11:30-12:30	11:45-12:45	11:45-12:45	11:45-12:45	11:45-12:45		
Life story assignment	Step 1 assignment	Assignment/workshop	Assignment/workshop	Assignment/workshop	Relapse prevention		
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	
13:30-14:15	13:30-14:20	13:30-14:20	13:30-14:00	13:30-14:20	13:45-15:00	AS WEEKEND PLAN	
Keyworker sessions or assignment work	Assignment work	Keyworker sessions or assignment work	Community meeting (lounge)	Keyworker sessions or assignment work	Johari window and change of objectives		
14:30-15:30	14:30-16:00	14:30-15:30	14:30-15:30	14:30-15:30	VISITORS AS WEEKEND PLAN		
Peer evaluation	Psychodrama	Art therapy	Yoga	Recovery plan and farewell			
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	
Fellowship meeting	19:00-20:30	Fellowship meeting	Evening in and time for assignment work	Fellowship meeting	19:30	Fellowship meeting	
	Aftercare in last 1-2 weeks	19:00-20:30				Recovery film	
		Family aftercare group					

The community meeting is mandatory for addiction treatment programme patients