



# Attention deficit hyperactivity disorder (ADHD) assessments for young people

## Priory Hospital Chelmsford

**ADHD is a condition that can impact behaviour, emotions and the way a young person focuses, organises tasks and interacts with others. While children and adolescents with ADHD may share some common symptoms, such as inattention, hyperactivity or impulsivity, it's crucial to recognise that it affects each young person uniquely.**

No two people with ADHD will have the same experiences or challenges – some may need minimal support to thrive, while others may need tailored support to help manage their symptoms and reach their full potential.



### What are the potential signs of ADHD?

Young people with ADHD may experience difficulties or differences in:

- + Attention and focus, including challenges with staying organised, completing tasks or following instructions
- + Impulsivity, which can lead to acting without considering the consequences
- + Hyperactivity, often resulting in restlessness or difficulty sitting still
- + Managing emotions and maintaining self-control

Live your life



## How can Priory help?

Priory Hospital Chelmsford offers fast access to private ADHD assessments and diagnoses for young people who are showing signs of ADHD. These are delivered by our specialist child and adolescent psychiatrists, who are experts in the field.

Following the assessment, you will receive a comprehensive report which follows National Institute for Health and Care Excellence (NICE) guidelines. These may be needed so that children with ADHD can receive additional support at school.

Our ADHD assessments are available for £1,500 and we offer significantly shorter waiting times than the national average.



## What is included?

An ADHD assessment is made up of a number of different parts, including:

- + A developmental assessment (this often requires input from schools, parents/guardians)
- + Conners rating scales - questionnaires used to assess ADHD symptoms in children across different settings, such as home and school
- + Feedback meeting to discuss the outcome of the assessment and provide any recommendations
- + A comprehensive outcome report



## For more information

Our ADHD assessments are available on both a self-pay basis and to those using private medical insurance (PMI). Those using PMI should check eligibility criteria with their insurer.

For more information, please contact Priory Hospital Chelmsford on **01245 345345** or by emailing **chelmsford@priorygroup.com**.

For the most up to date information on our services, please visit our website.

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