

Ty Cwm Rhondda

From secure care to supported living – a patient story

“I was a patient at Ty Cwm Rhondda for three years. When I first arrived I wasn’t really sure what to expect, but on arrival I was met by a very kind nurse and support worker from the ward. I was told about what items I could or couldn’t have with me before going onto the ward.

When I was on the ward I was shown around, including into my bedroom. Nothing was too much trouble for the staff.

Throughout my stay I have been supported by the doctor, psychologist and occupational therapy team, as well as the ward staff.

All the staff helped me to regain and maintain contact with my family, which has been a huge thing for me and something that I will always be grateful for.

The team try to make admission as fun as possible and I have had so many enjoyable times. Once we had a 30 foot inflatable assault course in the garden one summer, and that was amazing. One of my most memorable experiences was going to West Midlands Safari Park. I wasn’t sure I wanted to go at first only because of the pain I had in my back and my walking wasn’t too good, but I was reassured that the walking would be done at my own pace. On the day, the staff were so supportive

and understanding and I got to see everything I wanted to. I didn’t miss out on anything.

Facing a hospital admission can be a daunting experience but I am now moving on to supported accommodation and I don’t think I would have achieved this without the help from Ty Cwm Rhondda and the guidance, encouragement and support from the team.

When I left I said: “I hope I never see you all again” and I said it with a smile on my face but also a little sadness because I will miss them.

From here on in, it is onwards and upwards for me.”

Contact us

To contact Priory’s central team, please call **0330 137 3910** or to speak to someone at the hospital directly, please call **01443 424 940**.

For the most up to date information on our services, please visit our website.